

Professional Coach Profile – Yolanda MacIntyre



Yolanda has lived and worked in several Southern African countries, and the UK, which has equipped her with unique abilities and insights in dealing with cross-cultural differences and change management.

Neuroscience and its applications to her clients are of particular interest to her. She is passionate about helping clients identify and develop their unique strengths to achieve their full potential; to empower them to operate optimally as frequently as possible.

She believes challenges are opportunities for development and personal evolution, and that self-knowledge is key to the process.

CLIENTS

As a Professional Coach, Yolanda has worked with a range of business leaders, entrepreneurs, and private individuals facing major professional and personal changes. Women in business and emerging adults are key areas of focus for her. She has coached teaching staff and young adults, and designs and runs coaching and life skills programmes.

Issues she has worked with include business development planning; influential and integrative leadership; effective communication skills; managing change and transition; personal effectiveness and performance; goals and strategy planning; career planning; project planning; promotion preparation; re-entry into the workforce; retirement.

With students, the focus has been career choice, career preparation and development; interview skills; personal strengths and operating styles; and vital skills to transition through educational levels into careers of choice.

Yolanda has strong entrepreneurial experience and skills, having run her own businesses for 15 years. She has generated business creatively in challenging and unconventional environments.

She is constantly expanding her knowledge and skills, and is enrolled to do a Coaching Supervision Course in May 2012.

Her formal background includes:

- BA (Psychology and Communication) University of South Africa
- ICF Accredited Certified Coach (ACC)
- ICF Accredited Coach Training (Coaching Development – London))
- Neuro Linguistic Programming Practitioner (ITS – London)
- Transactional Analysis 101 (UK)
- Fndn Master Coaching (ITS London)
- Fndn Integral Coaching (Third Space London)
- Health Practitioner and Business owner (Botswana and South Africa)
- Part-time teacher (Malawi)
- Officer - Defence Forces (Zimbabwe)
- Member - International Coaching Federation
- Member – COMENSA Coaching and Mentoring Association of South Africa

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